

Hudson Valley 10-13 Assocation

PO Box 1013 Pearl River NY 10965-0283 Ph: 845-735-1013 • www.hudsonvalley1013.com hudsonvallev1013association@gmail.com

A not for profit group of retired and active New York City Police Officers, of all ranks, committed to the Health and Welfare needs of all members, their spouses and their children



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PRESIDENT'S MESSAGE

December 2019

I hope everyone had a Happy Thanksgiving with their families.

December 7 is Pearl Harbor Day. We must never forget the sacrifices that our Military made on this day and continue to make every day of the year.

Lobby Day is April 21, 2020.

The Installation Dinner will be on Thursday, January 9, 2020 at the Haverstraw Elks. Incoming President John Briganti, Vice President Kathleen McLaughlin and the new Board of Officers will be installed.

I wish to thank my Board of Officers for their much needed assistance for the last two vears. I could not have done it without them.

On November 12, 2019 the HV 1013 met with Senator Jen Metzger at her office in Middletown, New York the meeting went well.

In November 2019 all members should have received a letter from Social Security informing them how much their IRMMA will be. This is their Income Related Monthly Adjusted Amount based on their 2018 tax return. Keep this letter it will be needed to file your 2019 IRMMA reimbursement with the city.

On behalf of myself and our Board of Officers I wish all our members a Holy Christmas. Happy Hanukkah, Happy Kwanzaa and a Healthy New Year.

Our December meeting will be held on Thursday, December 19, 2019 at 7 PM at American Legion Post #1600 in Pomona New York.

There will be no General Membership meeting in January or February 2020.

Our next General Membership meeting will be held on Thursday, March 19, 2020 at 7 PM at American Legion Post #1600 in Pomona, New York.

On December 16, 2020 your VSF will be mailed or deposited in a September check.

In January 2020 your Social Security will have a 1.6% increase due to the rise in the cost of living.

Our prayers go out to the family of Police Officer Garman Chen who was killed on 11/16/19 in an off duty car accident.

Best Regards,

John Creegan, President

Member-National New York City Police Department 10-13 Organization, Inc. and the Alliance of Public Retiree Organizations of New York

Founded 1986

Post 13 Trivia

Caruso & Congressional Hearing

John Young (Patrolman)

The following is a complete text of statements delivered by Caruso before Congressional subcommittee on November 28, 1983. Things haven't changed!

"My name is Phil Caruso, and I am the president of the New York City Patrolmen's Benevolent Association, the oldest and largest police organization in the United States, currently representing more than 18,000 active police officers.

While we welcome the opportunity to express our views here today, we nevertheless are puzzled by the nature of these Congressional hearings. Quite candidly, our perception is that these proceedings were precipitated by a political power struggle in which the police become the unwitting scapegoats. But that is par for the couse because, inevitably, due to the controversial nature of the police function, we remain the ever-vulnerable prey of political expedience.

We find it difficult to accept the need for a Congressional inquiry into allegations of police misconduct because here, in New York City, praise for the remarkable restraint, outstanding efficiency, and highly professional manner in which police officers perform their duties far outstrips criticism. Our police officers take due pride in this aura of public acclaim.

Objective observers continually maintain that police-community relations in New York City, considering the complex social dynamics of our multi-racial, multi- ethical demographics, have been comparatively stable and exemplary. Exemplary to the extent that they can serve as a model for other big cities to follow. Supportive evidence of improving police-community relations is glaringly reflected in the declining rate of allegations brought before the Civilian Complaint Review Board.

Consequently, under the present status of police-community relations as they really are-Not as some would like us to believe they are- we find it truly difficult to share that a systemic pattern of police brutality is provoking racial antagonisms. Under the actual set of circumstances, we suggest that this claim is and itself highly inflammatory political contrivance.

The only real "police brutality" occurring on a routine, wide-scale basis in New York City is that which is perpetrated against the police. For standing as the countervailing balance to those isolated allegations of police brutality are the alarming number of shootings, stabbing, and other vicious attacks that police officers are daily subjected to. Should we, then, call for a Congressional investigation into our agonizing dilemma?

New York City has a multitude of investigative bodies before which a citizen can vent a grievance against the police. As far as the PBA is concerned, the scope of available grievance machinery is far too felicitous and overbearing. No other civil servants- none not even the members of Congress are subject to the kind of intensive scrutiny that police

officers are subjected to here in New York City.

For example, a police officer can be brought up on charges in the Police Department's Trial Room, which proceedings can lead to dismissal from the department; can be tried By the Civilian Complaint Review Board; can be indicted by a grand jury; can be made To testify before the Special State Prosecutor's Office; can be brought before the City's Department of Investigations, and can ultimately suffer the severe consequences of a federal court judgment imposed under Title 42 U.S. Code, Section 1983 for an alleged violation of civil rights that abuses police authority.

And if all this weren't enough, we now have Congressional hearings. The PBA opposed the creation of a Civilian Complaint Review Board in the mid-sixties, yet today we have a CCRB. While we have become tolerant and understanding of a need for the extensive bureaucratic system now in existence, how much more pressure do you think we need.

Once again we candidly submit that these proceedings impugn the impugn the integrity of the police commissioner, the director of the CCRB, the Special Prosecutor, the five District Attorneys with city, and the heads of other investigative agencies that scrutinize Police activities, and shatters the faith and confidence of the people in their system of government. Also, not to be overlooked, it tends to demoralize the fall guys in this city, who must function in already difficult and hazardous environment.

A Congressional hearing here is about as appropriate as it would have been for the New York City Police Department to become involved in the ABSCAM affair. We believe these hearings are unnecessary, unwarranted intrusion into the city's effective governmental administration, an intrusion that raises doubts about the efficacy of certain federal incursions into state or local jurisdictions.

Instead of engaging in polemics, it seems to us that this subcommittee would be better Serve the taxpayers by exerting a strenuous effort towards delivering to New York City, As well as to all other major cities within the United States, an adequate level of federal funding needed to heighten public safety and thereby enhance the quality of life throughout the nation. Such an effort is currently being begged for by the people of this country, and would be much more consistent with the Constitutional mission of insuring domestic tranquility which devolves upon the Congress of the United States.

Moreover, in light of the paltry resources- both human and monetary-with which we have to work, a *Congressional citation* for the superb overall performance consistently turned in by the men and women of the New York City Police Department would seem to be more fitting and proper Congressional action that can be taken at this time"

TO BE CONTINUED

Condolences: HV 10-13 Life member Bob Bunnenberg & family upon the passing of his wife, Janet on October 13, 2019 and Virginia Campbell (nee Twomey) & family upon the passing of husband, D.I. James P. Campbell, NYPD (retired)

WTC HEALTH PROGRAM & 9/11 VICTIM COMPENSATION FUND

What First Responders Need to Know



If you responded to the WTC site or the landfill and were exposed to the toxins, you are entitled to free health care and compensation for your 9/11 related illnesses.

VICTIM COMPENSATION FUND (VCF)



- \$10+ billion has been made available to fully compensate claimants who have pending claims, as well as future claimants diagnosed with certified WTC illnesses. Over \$5 billion has been awarded to 25,000+ people.
- The VCF has been fully funded and permanently extended to 2092.
- VCF claimants with pending claims, and those who have already received awards, have the right to "amend" their claims if their duty status changes as a result of their 9/11 illnesses and/or if they are diagnosed with new WTC-certified illnesses.
- All claims MUST be registered within 2 years of the date of certification by the World Trade Center Health Program.
- VCF awards range from \$90,000-\$340,000 for certified cancers, and more for economic loss if the claimant has been found disabled by a WTC illness.
- VCF awards range from \$10,000-\$90,000 for noncancer certified illnesses.
- All VCF awards are tax free.



HEALTH CARE



- Medical care for 9/11 first responders has been permanently extended.
- Active and retired responders have the right to free health care for WTC-certified illnesses from the the WTC Health Program (which has clinics throughout the country).
- Make sure you take advantage of this free exam and go to your annual WTC physical.
- A skin cancer screening is not performed at the WTC Health Program physical; therefore, you should go for a full body skin exam at least once per year. <u>Skin cancers are the most</u> common WTC-related cancers.

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT US:

TEL # 212-385-8000 EMAIL: MICHAEL@911VICTIMS.COM WWW.911VICTIMS.COM

MOST COMMON CANCERS AND NON-CANCER ILLNESSES LINKED TO THE WTC TOXINS

There is a presumption that these illnesses were caused by WTC toxic exposure:

CANCERS

- Skin Cancer (Basal Cell, Squamous Cell, and Melanoma)
- Prostate Cancer
- Thyroid Cancer
- Breast Cancer
- Blood Cancers:
 Lymphoma & Leukemia
- Lung Cancer
- Kidney Cancer
- Colon Cancer
- Bladder Cancer
- Rare Cancers

NON-CANCERS

- Interstitial Lung Diseases, including Pulmonary
 Fibrosis and Sarcoidosis
- Chronic Rhinosinusitis
- Gastroesophageal Reflux Disease (GERD)
- Asthma
- Sleep Apnea
- Chronic Respiratory
 Disorder Fumes / Vapors
- Chronic Obstructive
 Pulmonary Disease (COPD)

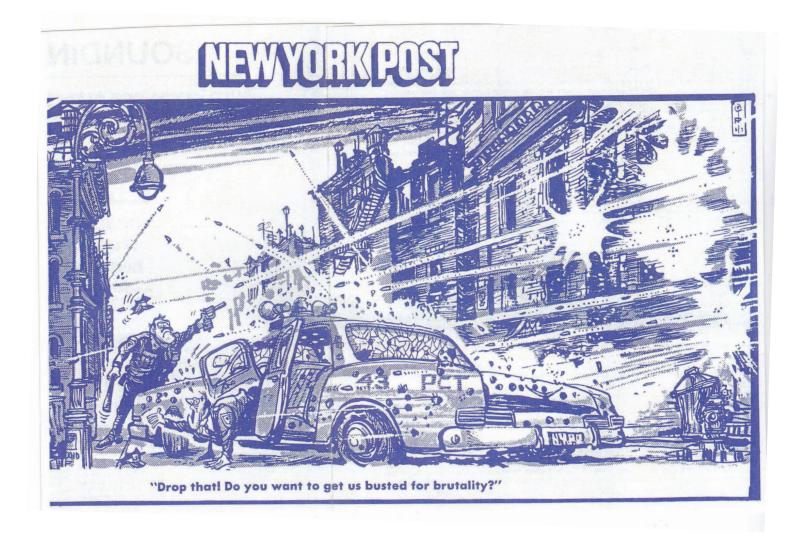
Altogether, 68 cancers have been linked to the WTC toxins. If you have been diagnosed with a cancer that is not on the list, you may still be eligible. Our firm has been representing the 9/11 community since 2001. We will help you get enrolled in the Health Program. Once certified, it almost always leads to compensation. KNOW YOUR RIGHTS!

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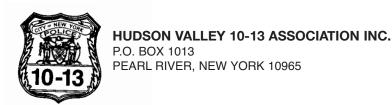


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ATTENTION MEMBER: If your mail is being forwarded? Please give us your New Mailing Address.

Issue date as of 12.9.19

December 2019 HV 10-13 General Membership Meeting:

7:00 PM (1900 hrs.) Thursday December 19, 2019 ~ Rockland County NY ~ Kearsing and Edwards American Legion Post 1600 located on S/W side of Baseball Stadium ~ 20 Station Road ~ Pomona NY ~ Post is less than 1/4 mile Southwest of Palisades Interstate Parkway exit 12

Future Scheduled Meetings, Events and Important Dates

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Jan. 9, 2020	THURSDAY	Rockland County, New HV Board Installation Dinner at 7 PM Haverstraw Elks Lodge in Haverstraw NY
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Mar. 19, 2020	THURSDAY	Rockland County, GM meeting at 7 PM Kearsing & Edwards American Legion Post #1600 in Pomona NY
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Apr. 16, 2020	THURSDAY	Westchester County, GM meeting at 7 PM Empire Post VFW 375 on Huber Place in Yonkers NY
~~~~~~	~~~~~~	
Apr. 21, 2020	TUESDAY	$\underline{\textbf{Albany}} \text{ ``Lobby Day 2020''}, \textbf{R/T} \ \underline{\textbf{Rockland}} \text{ free Luxury Bus Including sandwiches, beverages \& rest stop.}$
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